

ALCOTT CENTER

FOR MENTAL HEALTH SERVICES



ANNUAL REPORT
FOR 2021



FROM THE CEO'S OFFICE

If the last year has shown us anything, it is that treating mental health and maintaining well-being is of absolute importance in navigating and solving the myriad of challenges in our society today. Nearly two years of the pandemic has taken its toll on many of us. With increased awareness, the stigma around seeking mental health care continues to lessen. More than ever before, people are accessing Alcott's mental health and housing services, and our staff, regardless of coping with their own pandemic related challenges, have continued to heroically meet these demands. Despite the challenges 2021 presented, Alcott provided ongoing mental health and housing services to well over 1,000 individuals and families agency wide. While we are better adapted to what is 'normal' today, we anticipate more challenges moving ahead. The persistent uncertainty and hardship caused by the pandemic continue to cause disruption to our lives. Many have been struggling with mental health challenges amid this prolonged crisis. As the pandemic eases, we will see relief in some ways but also anticipate the reality of the hardships over the last two years to finally set in. With your continued support, we will continue to adapt, provide hope and be there for our community as we face this next wave and corresponding increase in the need for our services.

As always, thank you for your partnership.

Nick Maiorino

NICK MAIORINO

Chief Executive Officer



"Being in the art classes has been the first time I have experienced joy since the pandemic happened, and it is now my favorite day of the week. I appreciate being a part of a community again and hope the classes never have to stop again."

**-Shawna, Art
Class Client**



PURPOSE & PROGRAMS

The mission of the Alcott Center is to enhance the quality of life and empower individuals faced with mental health and housing challenges as they transition toward wellness.

Programs

Mental Health & Housing

Mental Health

Outpatient individual & group therapy, psychiatry, case management and preventative services for adult community members without insurance or who are Medi-Cal beneficiaries

Supportive Housing

Intensive case management, housing navigation, and permanent housing services for community members navigating housing & mental health challenges

Justice Involved Reentry

Transitional bridge housing, including mental health, nursing, life skills and substance use services, for community members navigating reentry and case management for individuals navigating justice-involved reentry & mental health challenges

Community

Studio art classes open to the community to reduce the stigma around mental health challenges and Pico Robertson Health Neighborhood to support the overall health of the community
our mental health center is based in



“I love having my own apartment and the key to lock it when I leave. I love that I have my freedom back and that I can make decisions on my own. I enjoy playing basketball, going on walks, and listening to music. I am looking forward to completing the rest of my probation this year!”

**-Tara, Alcott Client
Mental Health
Services**



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A big thank you to Ione Kennedy Trust!

Katherine 'Kay' Kennedy Burford was born December 4, 1944. She was referred to the Alcott Center in 1999 for housing and mental health treatment. Kay was immediately placed in 'Beverlywood', the original Board & Care facility Alcott operated on Robertson Boulevard and enrolled in Alcott's outpatient services. Kay resided and received care at the Alcott Center for well over a decade, eventually requiring a higher level of care. Kay's mother, Ione Kennedy, whom Kay was very close to, served as her only daughter's conservator and set up a trust fund to care for her. Ione resided in Topanga, CA until she passed away in 2014 at the age of 98. Kay sadly passed away early 2021 of complications due to COVID-19. Ione's bequest in Kay's honor will ensure that the Alcott Center is able to continue to provide mental health services to our community for decades to come.

WHAT'S NEW?

Several opportunities were awarded to the Alcott Center in 2021 – opportunities allowing the agency to provide new or enhanced services, serving more individuals and families with expanded funding and staffing. Early in the year, in close partnership with the LA Department of Health Services and on-site service provider, Alcott took on a key role, helping to create and provide on-site ‘trauma informed property management services’ to one of the City’s first Project Home Key sites. Dubbed ‘Commerce’, this renovated 80-unit permanent housing facility is now well on its way to being filled with formerly homeless individuals and small families.

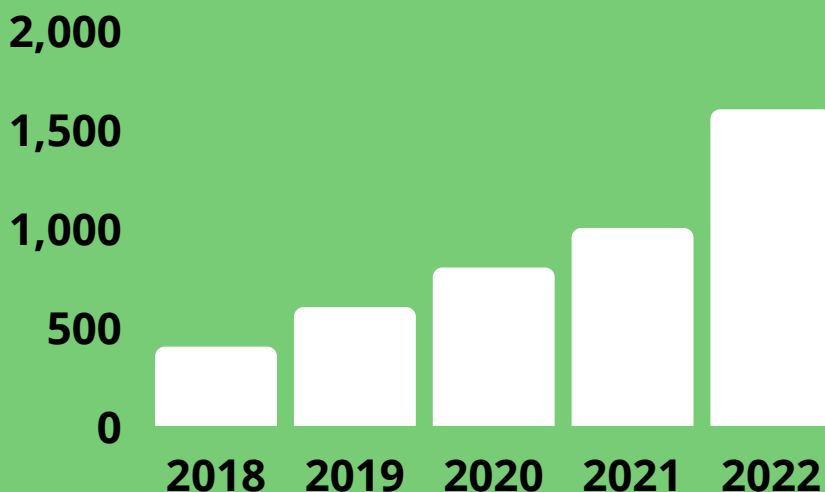
Last Fall, Alcott was awarded new funding through the Substance Abuse & Mental Health Services Administration allowing us to provide in-house substance use services to 100 residents in our bridge homes and diversion programs. Soon after, Alcott began its first of three planned expansions to its Intensive Case Management Service Program, adding a second team of staff providing services to 100 new homeless individuals and small families. And after an extended COVID break, Alcott has ‘restarted’ its Art Studio program with volunteer artists which we hope will be open to the greater community soon!



"The Alcott team and case managers motivate you to do well. They support you with everything you need, and I am really excited to live in my own apartment and do good in the world. I am on the road to success, and I see it in my future."

Rudy, Alcott Client

Clients Served



FINANCIALS

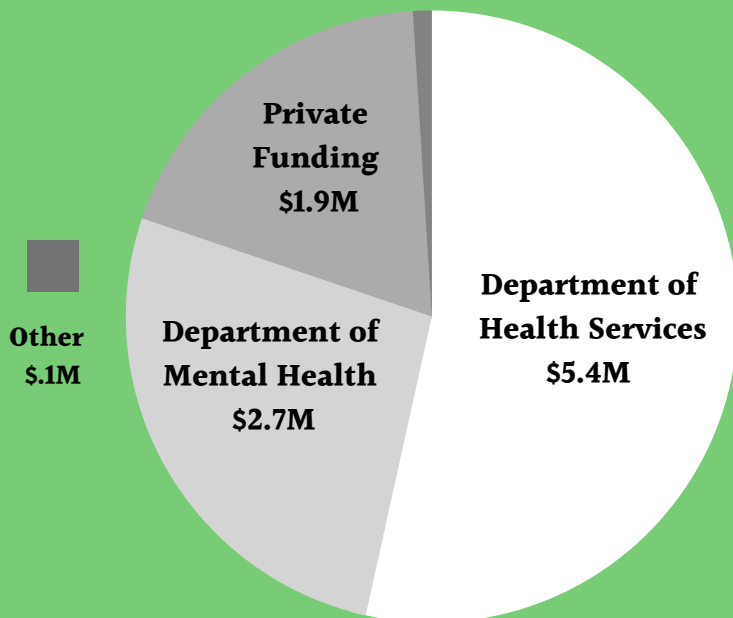
The Alcott Center experienced a period of rapid growth over the last four years, nearly quadrupling in size and scope during this time. The organization has expanded services through its relationship with the Department of Health Services and has worked to grow private revenue sources as well. Throughout this period of rapid growth, the organization has continued to control expenses, with 90 cents of every dollar spent benefitting its clients through its program services. The organization continues to look for opportunities to provide enhanced support to its clients while expanding further in a sustainable and financially prudent manner. The organization was fortunate to receive a bequest in the last fiscal year which will allow the organization to ensure its long-term financial stability and create a reserve for the future.



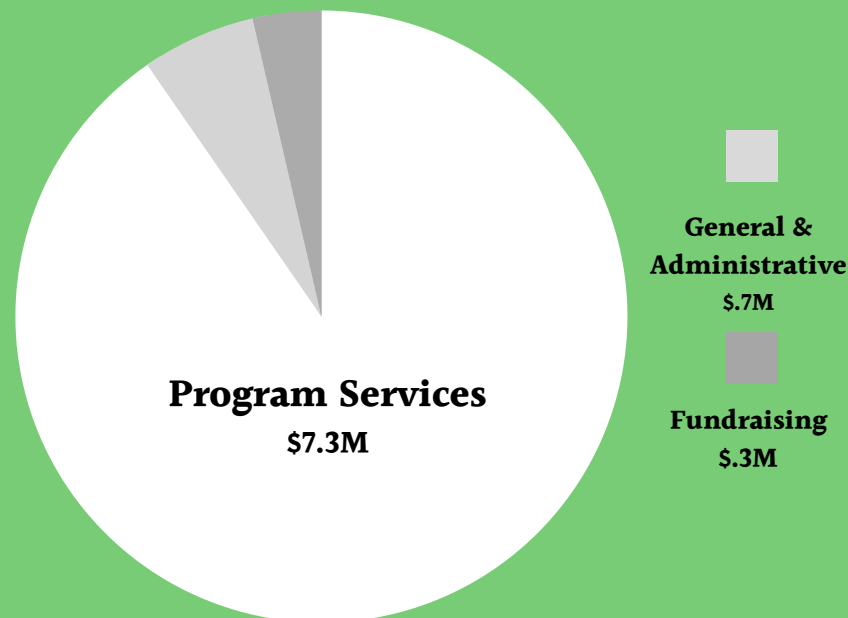
"My time at Alcott has been transformative because they helped me find an apartment and find my way back to my family."

-Larry, Alcott Fisher Client

REVENUE- \$10.1M



EXPENSES- \$8.3M



88% of every dollar donated goes directly to supporting clients

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\$10,000+

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HOW CAN YOU HELP?

Without the support of our community and donors, we wouldn't have been able to expand and grow our services to the level it is today.

As we move forward into the New Year, we are anticipating a greater need for support in order to ensure the needs of our clients are taken care of. We would love to invite you to support the Alcott

Center by:

- volunteering your time
- donating clean and gently used/new clothing
- monetary donations
- following us on Instagram, Facebook, and Twitter



@alcottcenter_



www.alcottcenter.org



amcgullam@alcottcenter.org

With the help of Alcott and the Exodus Recovery team, Ralph was able to move into his very own apartment with on-site treatment, ensuring full support. At 75, Ralph is just getting started. He is planning on getting a Master's Degree in Social Work, being happily married, beginning working as an advocate for survivors of human trafficking, and continuing to help people, especially those experiencing homelessness and mental health challenges.



-Ralph, Alcott Client